



Values & Attributes

G Growth	Ambition	The strong wish to achieve something.
	Honesty	Sincerity or fairness
	Reasonableness	Morally accountable for one's actions
	Integrity	Adherence to moral principles; honesty; the quality of being unimpaired; soundness
	Open-mindedness	To be willing to listen to and consider other people's ideas and suggestions.
	Curiosity	A strong desire to know or learn something
R Resilient	Stamina	Physical and/or mental strength to do something difficult and will take time.
	Persistence	Tolerant and even-tempered perseverance
	Tenacity	Stubborn or persistent
	Courage	The ability to do something that frightens one; bravery.
	Self Esteem	Confidence in one's own worth or abilities; self-respect.
	Flexibility	Willingness to change or compromise
E Enthusiastic	Pride	A feeling of pleasure and satisfaction that you have done or got something good:
	Optimism	The tendency to expect the best and see the best in all things. Hopefulness, confidence
	Determination	The act or an instance of making a decision
	Confidence	Belief in one's own abilities; self-assurance
	Commitment	The state or quality of being dedicated to a cause, activity, etc
	Motivation	A reason or reasons for acting or behaving in a particular way.
A Adaptable	Sensitivity	Quick to detect or respond to slight changes, signals, or influences.
	Versatility	Having many different skills or qualities.
	Self-regulation	The ability to act in your long-term best interest, consistent with your deepest values.
	Co-operation	Assistance or willingness to assist
	Collaborative	To work with another or others on a joint project
	Communication	The imparting or exchanging of information by speaking, writing , or some other medium
T Tolerant	Judgement	The ability to make critical distinctions and achieve a balanced viewpoint.
	Fairness	Free from discrimination, dishonesty, etc; just; impartial
	Compassion	Sympathetic pity and concern for the sufferings or misfortunes of others.
	Empathy	The ability to understand and share the feelings of another.
	Critical Thinking	The objective analysis and evaluation of an issue in order to form a judgement.
	Inclusive	Not excluding any particular groups of people