

DO YOU WANT TO BE THE BEST PARENT YOU POSSIBLY CAN?

Then come along to our Raising Children Course for Parents

It's **FUN AND FREE**

It runs in school time – 2 hours a week for 10 weeks

Learn new strategies and tips to deal with poor behaviour.

Find out about using consequences effectively.

Discover how to help your child be less anxious and more confident.

Get a better understanding of what your child's behaviour is telling you.

Find out how other parents deal with the same issues.

Learn what the child psychologists have discovered.

LIMITED
SPACES

TEA, COFFEE
AND BISCUITS
SUPPLIED!

BASED ON
EVIDENCE FROM
PSYCHOLOGISTS

**STARTS MONDAY 11th OCTOBER AT 1PM
AT GREAT HEATH SCHOOL**

Lots of Great Heath parents have already enjoyed this course and have found it has made a big difference to their family life

Get more information and reserve a space by:

Ringling Michele Homer our School Family Support Practitioner on 01638 713430

OR

Email Michele on m.homer@greatheathacademy.attrust.org.uk