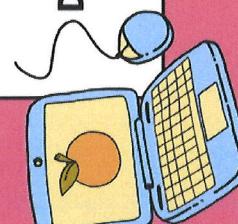
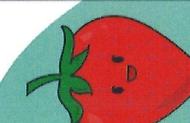
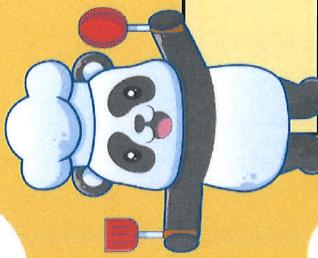


GREAT HEALTH - WEEK 1

06/01/25, 27/01/25, 17/02/25, 10/03/25, 31/03/25

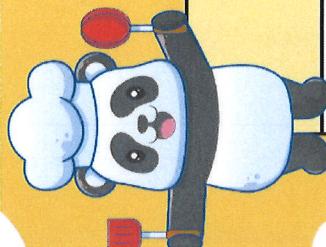


	Monday	Tuesday	Wednesday	Thursday	Friday
Main Option 1	Sausage & Mash Served with Peas and Carrots	Spaghetti Bolognaise Served with Green Beans & Sweetcorn	Roast Turkey Served with Roast Potatoes, Cauliflower & Broccoli	Sweet & Sour Pork served with Rice, cucumber & corn on the Cob	Fish Fingers Served with Fries, Peas or Baked Beans
Main Option 2	Veggie Sausage & Mash Served with Peas and Carrots	Veggie Lasagne Served with Green Beans & Sweetcorn	Veggie Pasty Served with Roast Potatoes, Cauliflower & Broccoli	Pizza served with cucumber & corn on the Cob	Cheese Omelette Served with Fries, Peas or Baked Beans
Light Bite	Tomato & Basil Pasta	Ham, cheese or Tuna Sandwich Jacket with Cheese/Beans or Tuna Mayo	Tomato & Basil Pasta	Ham, cheese or Tuna Sandwich Jacket with Cheese/Beans or Tuna Mayo	Tomato & Basil Pasta
Dessert	Muffin	Apple Cake	Banana Delight	Fruit Pot	Oaty Biscuit



GREAT HEATH - WEEK 2

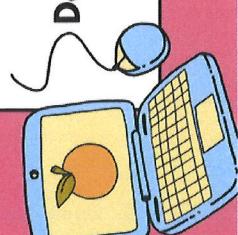
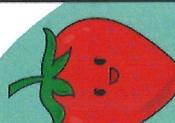
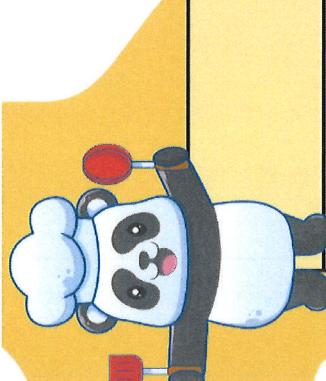
13/01/25, 03/02/25, 24/02/25, 17/03/25,



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Option 1	Beef Lasagne Served with Peas & Carrots	BBQ Chicken Served with Rice, Green Beans or Corn on the Cob	Roast Pork Served with Roast Potatoes, Cabbage & Carrots	Beef Meatballs in a tomato sauce served with pasta, Broccoli & Cauliflower	Salmon Fishcakes Served with Fries, peas or beans
Main Option 2	Veggie Bolognaisse Served with Peas & Carrots	Mac & Cheese Served with Green Beans or Corn on the Cob	Quorn Fillets Served with Roast Potatoes, Cabbage & Carrots	Veggie Burrito Served with Broccoli & Cauliflower	Cheese Pizza Served with Fries, peas or beans
Light Bite	Tomato & Basil Pasta	Tomato & Basil Pasta	Tomato & Basil Pasta	Tomato & Basil Pasta	Tomato & Basil Pasta
Dessert	Fresh Fruit	Chocolate Cake	Shortbread	Apple & Cinnamon Cake	Fresh Fruit

GREAT HEALTH - WEEK 3

20/01/25, 10/02/25, 03/03/25, 24/03/25,



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Option 1	Sausage Pasta Bake Served with Broccoli & Cauliflower	Beef Chilli & Rice Served with Green Beans or Corn on the Cob	Roast Beef & Yorkshires Served with Roast Potatoes, Cabbage & Carrots	Chicken & Broccoli Pasta Served with Peas & Carrots	Fillet of Fish Served with Fries, peas or beans
Main Option 2	Quorn Bolognaise Served with Broccoli & Cauliflower	Mac & Cheese Served with Green Beans or Corn on the Cob	Veggie Toad in the Hole Served with Roast Potatoes, Cabbage & Carrots	Cheese Pizza Served with peas & Carrots	Beany Burrito Served with Fries, peas or beans
Light Bite	Tomato & Basil Pasta	Ham, cheese or Tuna Sandwich	Ham, cheese or Tuna Mayo	Tomato & Basil Pasta	Tomato & Basil Pasta
Dessert	Strawberry Cake	Angel Delight	Vanilla Cake	Apple Crumble & Custard	Chocolate Muffin